

NEW APPROACHES TO CANCER

HANDSON



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WE URGENTLY NEED FUNDS FOR 2016 – your donations can help us to help so many others. Thank you



WHY ORGANIC?

All the energy we need to thrive and survive comes from the nutrients in our food and water. Food cultivated in denatured soil with chemicals, genetic modifications or toxic by-products has only a fraction of vitamins and minerals of organics and degrades our global health and ecology.

Non organics force our bodies to fight off toxins while leaving our cells hungry for true sustenance. We believe in paying more for organics because it is a profound way to protect, nurture and revitalise our bodies and our planet and of course it is more delicious to living life alive. *Life Alive (Organic Café) www.lifealive.com*

Simple lifestyle changes could slash the number of cancer cases in Britain by tens of thousands every year, according to research. A study has shown 84,000 people a year could avoid the killer disease if they lost weight, exercised regularly and cut down on alcohol. The World Cancer Research Fund said a third of the most common cancers could be averted. But the number of cases is increasing. The findings revealed that 38 per cent of breast cancer cases – 20,300 a year – could be avoided if women led healthier lives. And experts said small adjustments could prevent 19,800 cases of bowel cancer, 2,200 of kidney cancer and 1,400 of pancreatic cancer. In men, nine per cent of advanced prostate cancers could be prevented if victims were not overweight. In 2013, 351,578 new cases of cancer were diagnosed in Britain. This was up from almost 340,000 in 2012.

“There is no doubt simple changes to diet and lifestyle can make a major difference”

“Cancer is thought of being a lottery but we have more control over our health than we think”

extract from Daily Express article by Davis Pilditch (read full article online)

Who are we?

New Approaches is a registered charity offering holistic services and support for cancer patients, carers, friends and family members. To help people stay well through education, information and practical demonstration. We provide free information on a wide range of complementary therapies and can recommend experienced local practitioners and support groups throughout the country. The charity relies on your support and donations to keep helping those in need.

AS NEW APPROACHES TO CANCER CONTINUES TO HELP MANY PATIENTS AND FAMILIES WE WISH TO THANK ALL THOSE SUPPORTERS WHO HAVE DONATED FUNDS TO HELP US DO SO.

WE ARE ASKING ONCE AGAIN THAT ANY SUPPORTERS WHO CAN DONATE TO US PLEASE DIG DEEP SO THAT WE CAN SUPPLY ALL SERVICES FREE OF CHARGE! ALL OUR WORKERS ARE VOLUNTEERS AND TRUSTEES ALSO.

Support Groups, Talks and Classes 2016

Ashford Middlesex

Gentle Yoga

Wednesday 11-12

Weekly at the
Community Centre
Chestnut Court,
Mulberry Avenue,
Stanwell

Woking, Surrey

Council Depot
Monument Way East.
Woking, Surrey

Support Group

1st/2nd Monday in
the Month at 2-4

Gentle Yoga

Thurs 11-12 Weekly

Brighton & Hove

0800 3892662

for information

Support Group

Tues in the month

2- 4 at Hove

Address. Next

meeting 15th March

Phone for future dates

MANY THANKS IN ANTICIPATION

LOVE AND BLESSINGS

DOTTIE HOOK

CHAIR

“A special thank you also for the help and support given to myself and my son who is recovering from kidney cancer, the help you have given to us at this particularly stressful time has been invaluable. We are so grateful”



Made in memory of founder Zoe's mother, BOOBS' ESSENTIAL is a blend of essential oils that play an important role in nurturing your breasts.

When Zoe's mother was diagnosed with stage 4 breast cancer in December 2014 she began extensive research into the wide-range of complementary therapies described in scientific journals. One of the topics that stood out from the research was the role of essential oils and their use in the prevention and treatment of tumours. Having learned the science about the key ingredients, Zoe began blending different combinations and eventually found the perfect recipe of potent, yet soothing oils for BOOBS' ESSENTIAL.

It struck her that as a carefree teen living a hectic London lifestyle in her 20s, Zoe had never checked her own boobs for lumps. However, since her mother's diagnosis she realised how important it was to check her boobs daily to avoid late detection of any abnormalities. Zoe's mother passed away gracefully over a year later, making the message more clear in Zoe's mind:

All women, young and old, must make checking their breasts a daily ritual.

Massaging your boobs with BOOBS' ESSENTIAL as part of your daily routine enables you to catch two b(irds)oobs with one stone ;) because, according to scientific research, our 4 carefully selected essential oils may also:



Help early detection of abnormal lumps
Prevent and reverse cysts
Rejuvenate cells
Increase immune cell activity.

In answer to our question: "What's in it, most important"

It is made of organic almond oil, frankincense, myrrh and sandalwood, nothing else. There is fantastic research on all the essential oils for prevention and treatment of tumours.

Please let me know if you have any further questions.
Zoe

Check out Boobs Essential on www.boobessential.com



The rose is native to both eastern and western hemispheres and has always been valued for its beauty and symbolism. In the simple story of the breeding of new varieties of rose, we have an allegory of what is happening in humanity – a gradual melding of the different races and cultures into a united centre of planetary creativity. In fact it is humanity's destiny to demonstrate a perpetual and fragrant flowering of the rose of the soul - of the light of Truth.

Lucis Trust

SCANDAL OF PATIENTS DENIED A 5P PILL THAT CAN SHRINK CANCER



Within seven weeks of starting on a new treatment, the tumour in Mary Nike's left breast had shrunk from 1½ in to ½ in. 'My oncologist said he'd never seen such a dramatic level of tumour shrinkage in such a short time,' says Mary, 58, from Brewood, Staffordshire, who runs her own IT consultancy.

But it wasn't an expensive 'breakthrough' drug that was making all the difference. Instead, Mary was being treated with a 5p pill called metformin, which is usually used to treat diabetes and is taken by thousands of Britons every day.

In diabetes it works by suppressing the production of glucose in the liver; with cancer, it blocks the supply of glucose that cancer cells need to grow and stops them multiplying.

Every month there are up to a dozen studies showing that other cheap drug treatments, including aspirin, statins, antibiotics and even anti-malaria drugs, may be just as effective in some people as expensive chemotherapy.

The problem, as this second part of our investigation into cancer drugs reveals, is that patients are not being offered these unexciting 'old' treatments. Instead, the emphasis is on the latest, often eyewateringly expensive drugs, which patients are then denied on the grounds of cost. 'The whole cancer industry - pharmaceutical companies, cancer charities and patient groups - has become preoccupied with promoting end-stage life-prolonging drugs costing £100,000 or more to those who are mostly, unfortunately, destined to die within weeks anyway, even with these drugs,' says Professor Karol Sikora, one of Britain's leading cancer experts.

Extract from Daily Mail Article by Lois Rogers
Read more online: www.dailymail.co.uk



At this time of year exposure to infection increases. Key factors that impact on immune function include family predisposition, poor nutritional status, imbalanced gut bacteria and increased stress. With so much that can interfere with immunity, it's important to give it the right kind of support. We are delighted to announce the arrival of our **New Immune Intensive**, a potent 7 day antioxidant powder for all round immune support.



Check out the
Vegusto Website on:
www.vegusto.co.uk

"Use what you've been through as fuel, believe in yourself and be unstoppable!"

– Yvonne Pierre